



Instructions for Accessing EMPOWER Courses: CC Churches

Below are instructions for accessing the Behavioral Activation (New Version) and EMPOWER Youth courses. Creating an account with the link below will give you access to both courses.

1. Click this link (<https://learn.empowerustrainings.com/?tenant=ccchurches>) to access the sign-in page. Users can access this via desktop, mobile, or tablet.
2. Upon visiting the sign-in page, users must provide their name, email, city/state, and country. Under the Cohort section, users must select: **3 Dr. Keely's Cohort**. Then, they will choose a password.
3. An automated account confirmation message will be sent to the provided email address. After confirming they created an account, the user can enter their email and password to log in to the learning platform at any time.
4. Once an account is set up, the user can access the **Behavioral Activation (New Version)** and **EMPOWER Youth trainings**, which are pinned to their dashboard. **Make sure to access the Behavioral Activation course that specifies "New Version" in parentheses.**

Once a learner has created an account and started courses, their progress will be saved automatically.